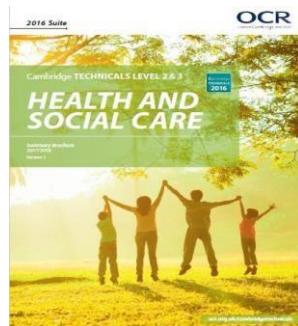


# NOA Sixth Form



## Level 3 Cambridge Technical Extended Certificate in Health and Social Care

### Bridging Work 2023

To support you in your transition into sixth form and onto the Level 3 HSC course, it is important you are prepared for this transition. Bridging work will help prepare you for the start of sixth form and allow you to see what this work may be like.

All work will need to be handed into teachers in your ***first lesson*** in September. If you have any questions regarding the work, please email the teacher below.

**Mrs Bannister**

[Kathryn.Bannister@northoxfordshire-academy.org](mailto:Kathryn.Bannister@northoxfordshire-academy.org)

Name: \_\_\_\_\_

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# What will I be studying in the first year?

This course allows you an insight in the many roles available within health and social care from nurses to social workers to child care assistants and beyond they have many key features that we shall explore and apply. You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study. You will learn about the human body and mind alongside the changes across time. You will learn what it means to work in the sector and what skills and behaviours you will need to develop. We will study the following units; although the final one is subject to change and you may not study them in this order.

- During unit one, ***Building Positive Relationships in Health and Social Care***, you will focus on:
- Understanding the many different relationships within the Health and Social Care sector, whether with colleagues, senior members of staff, other professionals within the sector and individuals who require care and support.
- Applying communication and relationship building skills in a practical way, considering how different factors, including context, can impact on the building of positive relationships.
- Understanding the concept of the person-centred approach which will help with your relationship building skills.

**How you will be assessed:** by a series of assignments set at school. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.

During unit two, ***Equality, Diversity and Rights in Health and Social Care***, you will focus on:

- Understanding the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support.
- Gaining an appreciation of how legislation and national initiatives can support anti-discriminatory practice.
- Examining strategies used to promote equality, respect diversity and support individuals' rights.
- Developing the ability to recognise both good practice, and discriminatory practice in care situations. Using judgement and decision making skills to choose appropriate responses to care situations and to determine a course of action to promote the equality, diversity and rights of individuals in care settings.
- **How you will be assessed:** this is a paper based exam, that lasts for 1 hour 30 minutes and worth 60 marks.

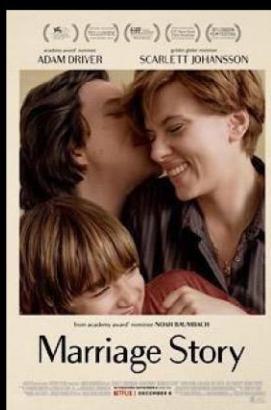
- During unit three, ***Health, Safety and Security in Health and Social Care***, you will focus on:
- Acquiring the necessary knowledge and skills to equip you in maintaining a safe working environment for yourself, your colleagues and individuals who require care and support.
- Learning how legislation, policies and procedures work to reduce risks in health and social care and the consequences of not following them.
- Learning how to respond to different incidents and emergencies within health and social care settings.
- **How you will assessed:** this is a paper based exam, that lasts for 1 hour 30 minutes and worth 60 marks.
- **You will also experience life in HSC settings by attending a work placement and you will be expected to become a mentor to the younger students.**

# NETFLIX

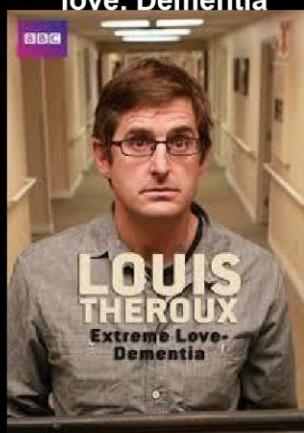
Babies



Marriage Story



Louis Theroux: Extreme love. Dementia Five Feet Apart



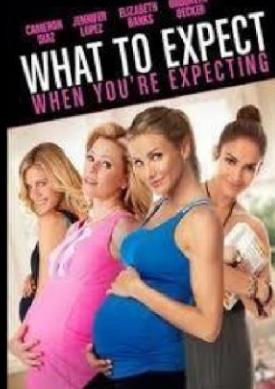
Brain on Fire



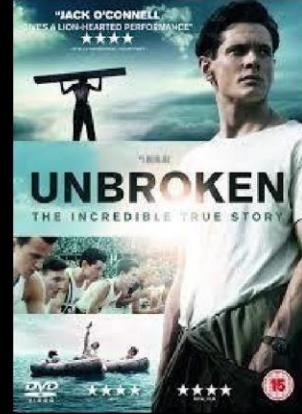
Theory of Everything



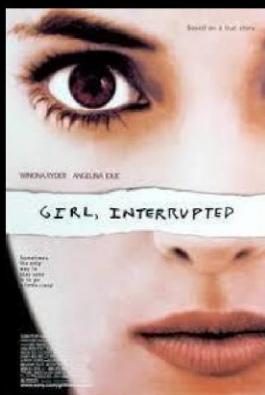
What to expect when you're expecting



Unbroken



Girl, interrupted



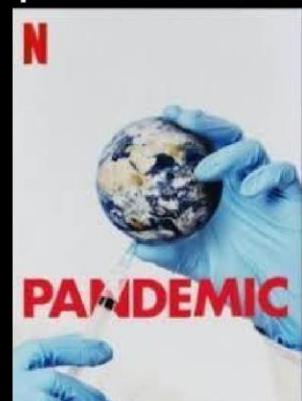
Call the Midwife



13 Reasons Why



Pandemic: How to prevent an outbreak



Recommended Watching for Health and Social

# Beyond **NETFLIX**

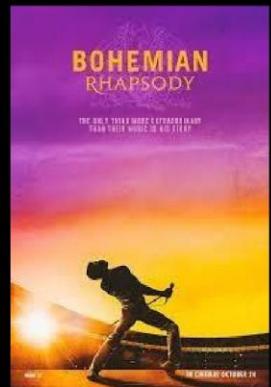
Elizabeth is Missing Rio & Kate: Becoming a Step family



Jesy Nelson: Odd one out



Bohemian Rhapsody



DVD

Confessions of a Junior Doctor



Born to be different



Secret life of... Year Olds



Still Alice



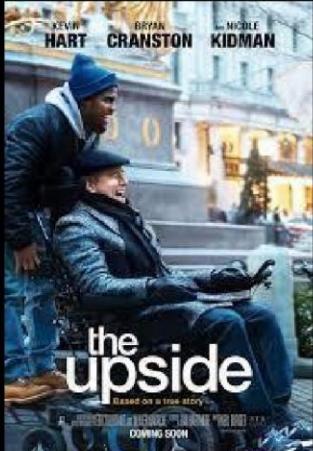
DVD

On Demand

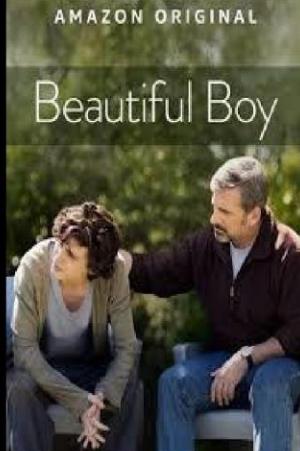
The Children Act



The Upside



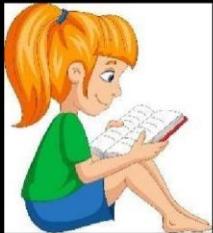
Beautiful Boy



Miss you Already

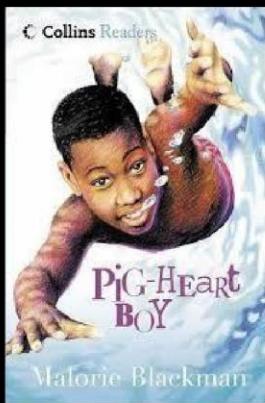


Amazon Prime

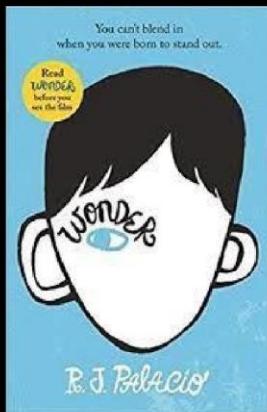


# Beyond **NETFLIX**

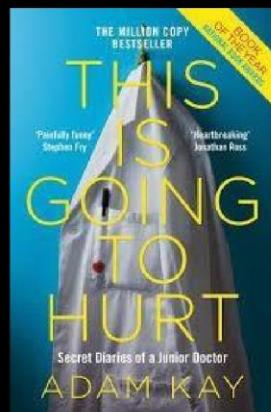
**Pig Heart Boy** by Malorie Blackman



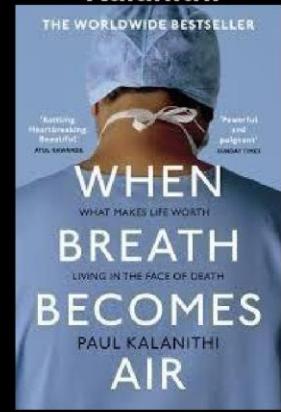
**Wonder** by R.J. Palacio



**This is Going to Hurt becomes Air** by Adam Kay



**When Breath Becomes Air** by Paul Kalanithi

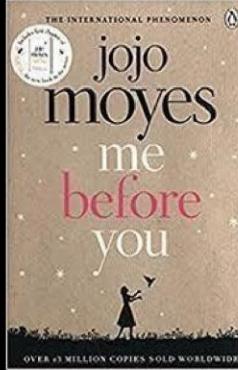


## Further Reading

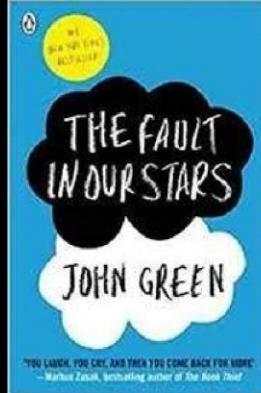
**The Hate U Give** by Angie Thomas



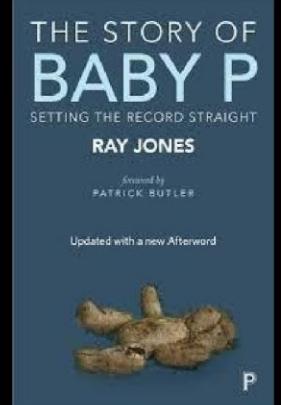
**Me Before You** by Jojo Moyes



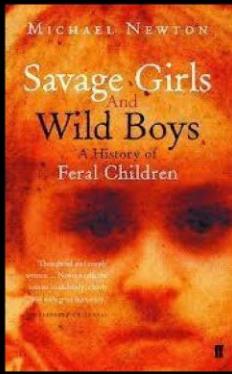
**The Fault in Our Stars** by John Green



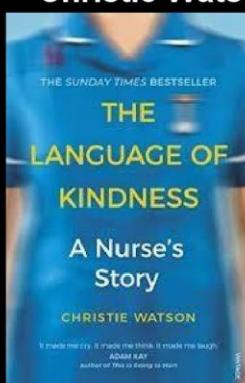
**The Story of Baby P** by Ray James



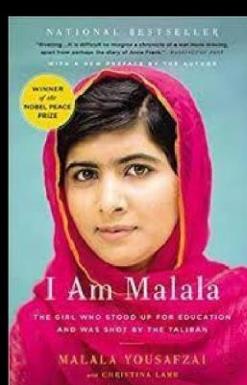
**Savage Girls and Wild Boys** by Michael Newton



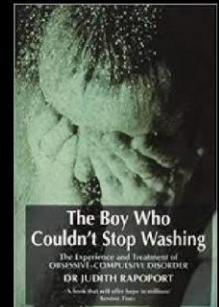
**The Language of Kindness** by Christie Watson



**I am Malala** by Malala Yousafzai



**The Boy Who Couldn't Stop Washing** by Dr Judith Rapoport



**Recommended Reading for Health and Social**

Yes some of these are also films, if you prefer!

# Health and Social Care in the Media

It is important to make the public realise about the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media. Your task is to pick...

- x1 Films
- x1 Book
- x2 Documentaries

Deadline: first week of September

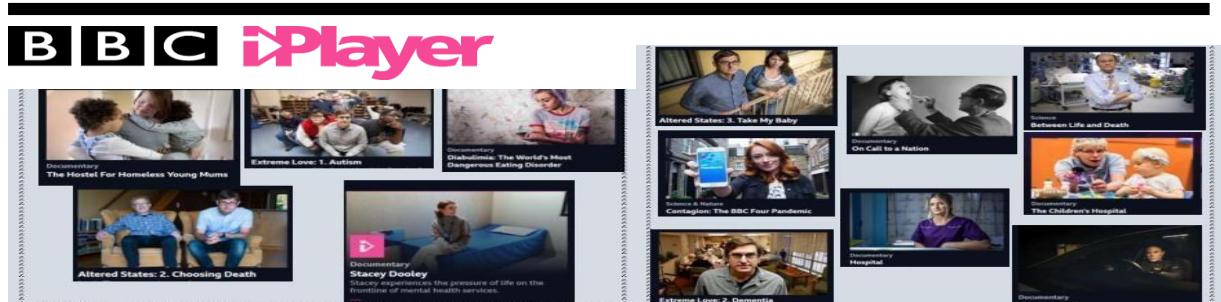
You will then be asked to write an essay with the following title: '**Discuss the portrayal of Health and Social Care within the media'**

You must watch/read the some of the examples on the previous slides you have picked and create notes to help with your essay. Consider the following:

- What issues, if any, are being raised in the stimulus?
- How does the stimulus present H&SC?  
Is the stimulus informative/helpful and why?
- Are there any quotes-scenes etc that stand out to you and why?
- How effective is the stimulus in raising public awareness about H&SC/Issues?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read.

## Documentary Suggestions:



## Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/

Date	Title	Summary of content	My thoughts

# GLOSSARY

B

E  
X  
M

**Task:** Research and define the following words which are central to the core units. Then, draw a symbol to summarise the term and help you remember it.

Term	Definition	Symbol
Adolescence	An important status change following the onset of puberty during which a young person develops from a child into an adult.	
Advocate		
Attachment		
Care package		
Clinical Commissioning Groups (CCGs)		
Development		
Discrimination		
Diversity		
Empathy		
Ethical		10

# GLOSSARY

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		11



Research a list of Health and Social Care jobs/ and medical terms for each letter of the alphabet  
write them below.

a	b	c	d	e	f	g	h	i
---	---	---	---	---	---	---	---	---

j	k	l	m	n	o	p	q	r
---	---	---	---	---	---	---	---	---

s	t	u	v	w	x	y	z
---	---	---	---	---	---	---	---

## Research task



Choose a professional from the following:

- Midwife
- Paramedic
- Paediatric nurse
  - Nutritionist
  - Physiotherapist

You could choose your own idea from health and social care roles if you prefer.

Create a fact file for your chosen job role

You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
  - Skills & qualities
  - Average pay
  - Where they work
  - Who they work with

And anything else you think may be suitable



# True or False?

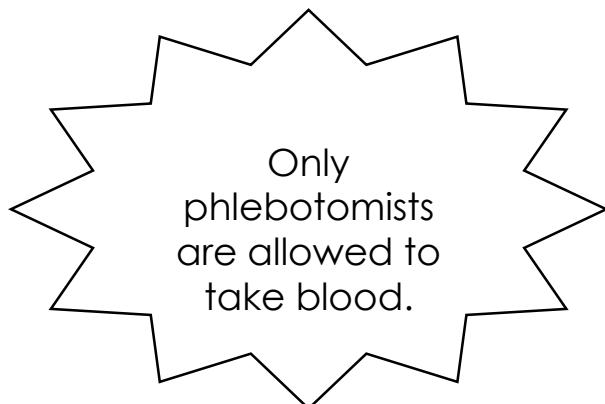
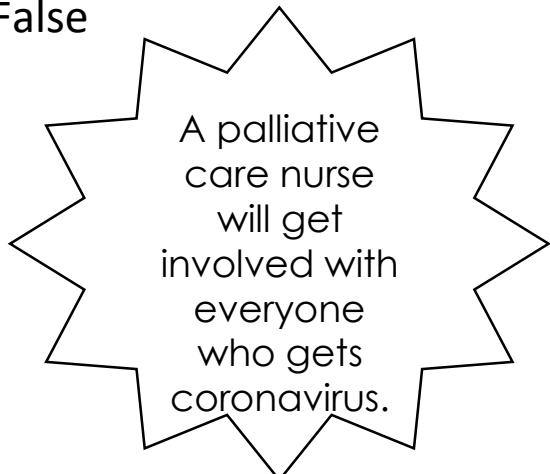
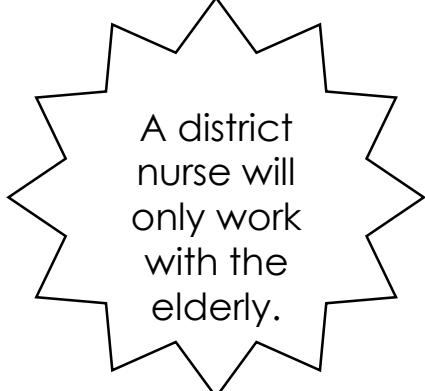
Colour code the statements in order to show if they are true or false.



True



False



# Optional Extension Task:

## Health and Social Care in a Pandemic.

At the moment, we are living through a time when health and social care services are needed more than ever! Those who have chosen this as a profession have stepped up to look after those affected by the COVID-19 pandemic. You will be seeing on the news constant stories about the amazing work that is going on in the British NHS and Care system and this task is your opportunity to find out more about pandemic control in the area and also the work of the World Health Organisation (WHO) in organising a global response. This will require you to research and understand why the steps have been taken around us and how this fits into the global picture.

*As this is an extension task you can complete as much of this as you like or are able to but this level of thinking and also detail will help build the skill required for distinction or distinction\* in your level 3 course.*

### **Task 1 – What is the role of health promoters?**

You will need to read through the following information and complete some research in order to explain the roles of the following organisations in maintaining the health of the population:

**World Health Organisation (WHO).**

**Department of Health**

**Public Health Agency**

**Clinical Commissioning Groups (CCGs)**

**Health professionals**

*Find out about the organisation of public health promotion within Cherwell District / OCC.*



# The role of Health Promoters

## Aims

Health promoters aim to improve the health of individuals and the population and reduce health inequalities globally, nationally and locally.

## Global health promotion

The World Health Organization, within the United Nations promotes and protects good health worldwide, by providing information about disease outbreaks, co-ordinating crisis intervention and the response to humanitarian emergencies; establishing International Health Regulations and an international system of classifying diseases.

National, regional and local health structures in England include the

- Department of Health
- Public Health Agency
- Clinical Commissioning Groups (CCGs)
- Health professionals

In England, the Department of Health (DH) leads, shapes and funds health and care while Public Health England protects and improves the nation's health and well-being, and reduces health inequalities. Local authorities are responsible for public health and do this through health and well-being boards which include representatives for all CCGs in the area, among others. Health and well-being boards assess the needs of their local community through Joint Strategic Needs Assessments (JSNAs) then agree priorities in Joint Health and WellBeing Strategies (JHWSs). Together JSNAs and JHWSs form the basis of commissioning plans for public health for CCGs.

***Task 2: Why do you think is necessary for local authorities to have control over the needs of the people in their area? For instance, think about the people living in Banbury and then compare that to the population living in Oxford; do they have the same needs? What would their focus for health be on?***

*Have a look at Somerset CCG, they are having a funding crisis due to the high proportion of elderly residents needing care.*



**World Health Organization**



**Department  
of Health**

**NHS**  
**Oxfordshire**  
Clinical Commissioning Group

